

# Advanced Certified ScrumMaster® (A-CSM)



## Personal Values Evaluation

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This exercise developed by Tobias Mayer

The Personal Evaluation exercise requires each student to self-evaluate based on the five Scrum Values. Take the time to complete this self-evaluation a few days before class starts. Bring this evaluation to each day of the A-CSM class.

You will be working in small groups to discuss how you could improve on living the Scrum Values. You should identify at least 3 experiments that you are willing to engage in to improve how you exemplify these Values. Record those experiments on the last page of this document.

For each statement under the Scrum Values, assess yourself. 0 = Never; 1 = Somewhat / Sometimes; 2 = Always

Sum up the assessed values for each Scrum Value. Plot them on the Scrum Values radar on the previous page. Use the radar to help identify Improvement Experiments for at least 2 Scrum Values.

## Focus

I rarely get distracted \_\_\_\_\_  
I never procrastinate \_\_\_\_\_  
When in meetings we stick to the agenda and timeboxes \_\_\_\_\_  
I always have a clear definition of what success looks like \_\_\_\_\_  
I regularly check that the team is sticking to the task \_\_\_\_\_  
**Focus Total** \_\_\_\_\_

## Openness

I am comfortable with delivering bad news to Team Members and Stakeholders \_\_\_\_\_  
I never back away from challenging issues and can be relied on to approach them head-on \_\_\_\_\_  
If there is someone that is annoying me, I will address this professionally and directly \_\_\_\_\_  
I wear my heart on my sleeve, and my colleagues know where they stand with me \_\_\_\_\_  
With work-related conversations, I am direct. I call a spade a spade. \_\_\_\_\_  
**Openness Total** \_\_\_\_\_

## Respect

I believe everyone is equal and treat them as I would treat myself \_\_\_\_\_  
I value what everyone has to offer \_\_\_\_\_  
I allow my team members to be empowered to make their own decisions \_\_\_\_\_  
I feel that the team values me \_\_\_\_\_  
I value myself and treat myself as best I can \_\_\_\_\_  
**Respect Total** \_\_\_\_\_

## Commitment

I believe in the business and the product and will do my best to keep them heading forward \_\_\_\_\_  
I can count on me to deliver on what I say I will do \_\_\_\_\_  
The team can count on me to get what I say I will do to done \_\_\_\_\_  
I am punctual for work and all meetings \_\_\_\_\_  
When I do something I do it to the best of my abilities \_\_\_\_\_  
**Commitment Total** \_\_\_\_\_

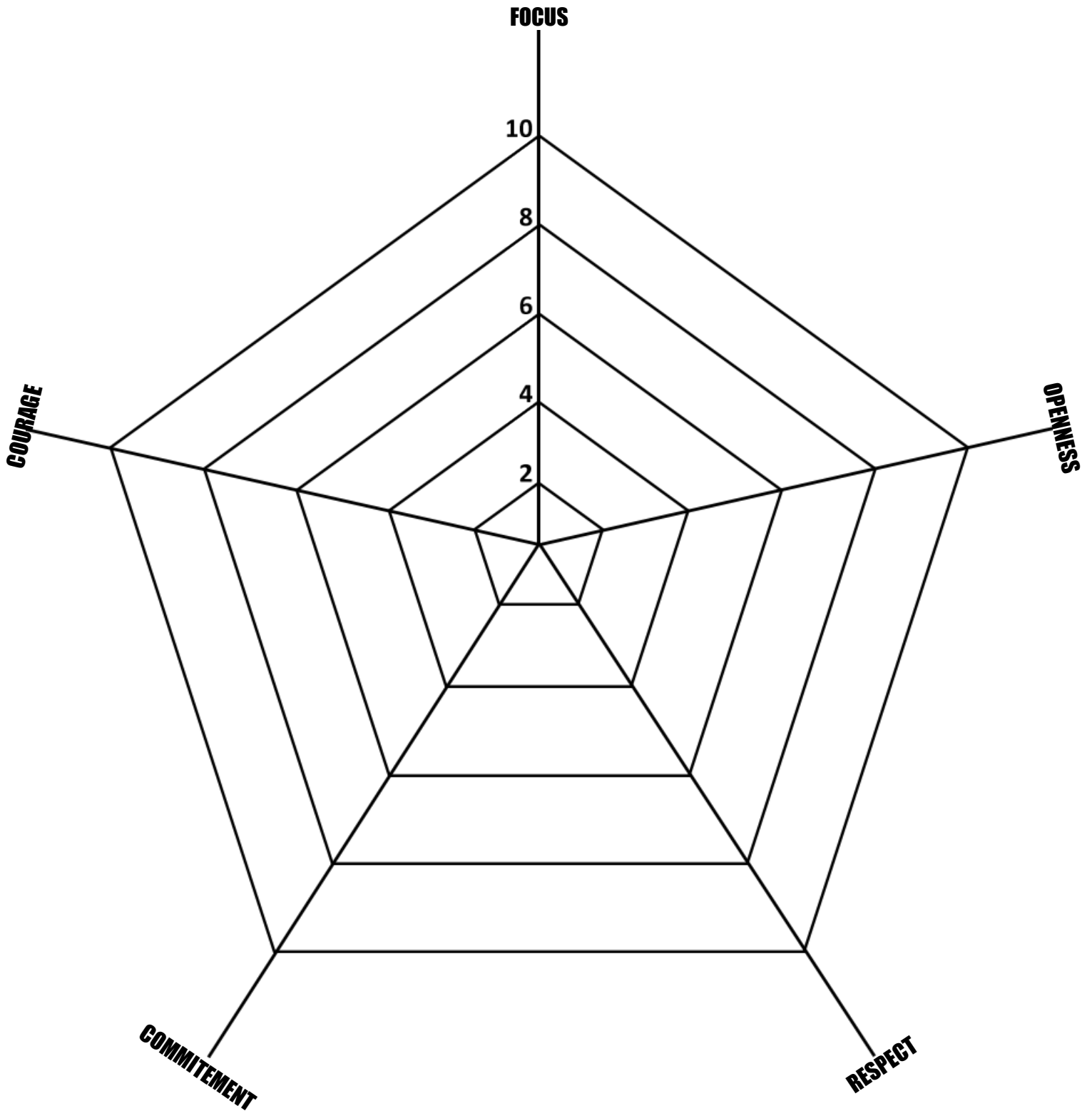
## Courage

I am always willing to try a new approach to see if it will work, even if there is a chance of failing \_\_\_\_\_  
I am able to challenge any requirements if I feel they are not the best for the business or the product \_\_\_\_\_  
I am able to approach anyone from the business if required, from the CEO to my peers \_\_\_\_\_  
I will always take the right path over the easy path \_\_\_\_\_  
If I still believe I am right after considering others' viewpoints, I will stand for my decision even if I am in the minority \_\_\_\_\_  
**Courage Total** \_\_\_\_\_



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**Focus Experiments**

**Openness Experiments**

**Respect Experiments**

**Commitment Experiments**

**Courage Experiments**

